



# Nefer Kali Healing Guide

## **The Dream Elixir**



**Contact:** [info@neferkalihealing.org](mailto:info@neferkalihealing.org)

**Suggested Use:** Shake well. Take 11-22 drops, 1 to 2 times daily. You can gradually increase as you see fit. This can be taken under the tongue or in a room temperature drink.

For optimal spiritual connection, take The Dream Elixir during the new moon and leading up to full moon, your lunar return (according to your birth chart) or tithi pravesha to enhance its dream-enhancing properties. Create a sacred space by lighting ocean blue candles, honoring Auset and set your intention before taking the elixir. You may enhance its effects by placing a moonstone or amethyst nearby during use.

The Dream Elixir embodies the ancient wisdom of the Moon's mysteries, channeling the divine feminine energy that governs our dreams, intuition, and emotional depths. This sacred blend, crafted in harmony with lunar cycles, creates a bridge between the physical and astral realms. Each ingredient is ritually selected and moon-blessed, carrying the essence of nocturnal wisdom and spiritual awakening.

Not only does it offer a gateway to ethereal realms, but it also nurtures the body and aligns chakras, promoting a harmonious balance of physical and subtle energies. Ideal for dream exploration and meditation enhancement, The Dream Elixir is your potion for tranquility and insightful awakening.

Best taken after **2-6 hours** before bed

**Ingredients:** Organic Bobinsana, Organic Mugwort, Organic Egyptian Blue Lotus, Organic Damiana, Organic 200 Proof Cane Spirits, Organic Vegetable Palm Glycerin, and Distilled Water

**Creation Date:** 10/11/2023

**Batch # :** 01

**Expiration Date:** 06/1/2025

## **Benefits included:**

**Bobinsana:** Sacred to indigenous healers, Bobinsana opens the heart chakra's ancient pathways, dissolving emotional barriers and awakening the soul's innate wisdom. This powerful plant ally creates a sacred space for deep emotional healing, allowing divine love to flow freely through one's being. Bobinsana is revered in spiritual practices for its ability to foster deep emotional healing and enhance empathy and compassion. It's often used in meditation and dream work to encourage emotional clarity and spiritual connection.

**Damiana:** Damiana is renowned for its mood-enhancing properties, helping to alleviate stress and anxiety. It's also used as a natural antidepressant, promoting mental well-being and a more balanced emotional state.

**Egyptian Blue Lotus:** A symbol of spiritual enlightenment, the Egyptian Blue Lotus is celebrated for its ability to heighten spiritual awareness and enhance intuitive insights. It is traditionally used in spiritual rituals to induce vivid dreams and a deeper understanding of mystical realms.

**Mugwort:** Mugwort is a powerful herb for digestive health, known for its ability to soothe stomach ailments and improve overall digestion. Additionally, it's celebrated for its properties in aiding menstrual health, helping to regulate cycles and reduce discomfort.

## **Disclaimer and Warning**

**Please note:** The Dream Elixir and its ingredients, including Bobinsana, Damiana, Egyptian Blue Lotus, and Mugwort, have not been evaluated or approved by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure, or prevent any disease.

**Consult Your Physician:** Before using this product, we advise consulting with your healthcare provider, especially if you have existing health conditions or are taking medications.

**Pregnancy Warning:** Special caution should be exercised if you are pregnant or planning to become pregnant. Bobinsana and Mugwort, components of this elixir, are known to possess properties that could affect pregnancy. These herbs have been traditionally associated with abortive effects. Therefore, we strongly recommend avoiding the use of this product during pregnancy.

**Use Responsibly:** This product is intended for adult use only and should be kept out of reach of children.