

# Nefer Kali Healing Guide

## Balance Tincture



The Balance Tincture is a sacred harmony of ancient plant wisdom, crafted to restore the divine rhythms of the feminine cycle. This blend connects with the primal energies of the womb space, channeling nature's healing intelligence to bring equilibrium to both physical and energetic bodies. Each herb carries centuries of traditional knowledge, working in symphony to cleanse, nurture, and rebalance the sacred vessel of creation.

Each herb in this sacred blend carries specific energetic properties: Holy Basil Krishna brings divine protection and clarity, while Red Reishi serves as the immortal mushroom of spiritual longevity. Ashwagandha grounds divine feminine energy into the physical realm, as Burdock Root draws out that which no longer serves the womb space. St. John's Bush illuminates the path to inner balance, while Red Raspberry Leaf embraces the womb with motherly protection

## Benefits of Balance

When this tincture is taken consistently and with patience, there are a plethora of benefits.

- Anti Inflammatory
- Womb Detoxifying
- Adaptogenic Support
- Promotes Hormone Balance

**Take consistently with CLEAN diet to see best results.**

**Ingredients:** St Johns Bush, Peppermint, Red Raspberry Leaf, Holy Basil Krishna, Red Reishi Mushroom, Ashwagandha, Burdock Root, Dandelion Root, Organic 200 Proof Cane Spirits, Distilled Water

**Creation Date:** 09/11/2024

**Batch #:** 02

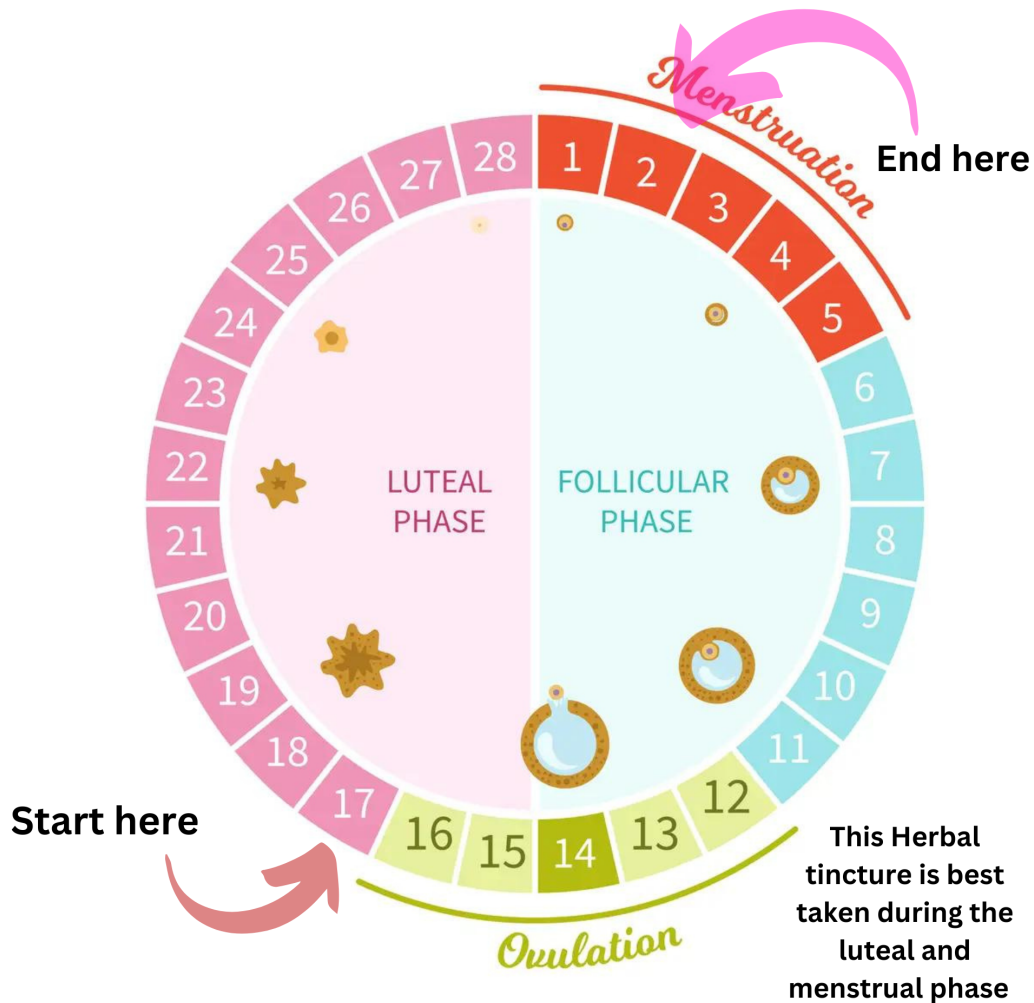
**Expiration Date:** 2 years from date of creation

**Suggested Use:** Shake well. Take 0.5 to 2 mL daily under the tongue or in a room temperature drink. Should NOT take this for longer than 2 weeks at a time.

Take after **Ovulation for 14-16 days** leading up to **menstruation.**

Can be taken for **30 days consecutively** for one monthly **only** if doing a 30 day womb detox. If this is the case this

Keep in mind every woman's body is different these are just round about time frames.



### Health Disclaimer

The information provided on this guide is for educational and informational purposes only and is not intended as medical advice. The content has not been evaluated by the Food and Drug Administration (FDA) and is not intended to diagnose, treat, cure, or prevent any disease. Always seek the advice of your physician or other qualified healthcare provider with any questions you may have regarding a medical condition. Never disregard professional medical advice or delay in seeking it because of something you have read on this guide. If you think you may have a medical emergency, call your doctor or emergency services immediately.