

Nefer Kali Healing Guide

Balance Tincture



Ingredients: St Johns Bush, Peppermint, Red Raspberry Leaf, Holy Basil Krishna, Red Reishi Mushroom, Ashwaghandha, Burdock Root, Dandelion Root, Organic 200 Proof Cane Spirits, Distilled Water

Creation Date: 10/02/2023

Batch # : 01

Expiration Date: 2 years from date of creation

Suggested Use: Shake well. Take 0.5 to 2 mL daily under the tongue or in a room temperature drink. Should NOT take this for longer than 2 weeks at a time.

Take after **Ovulation for 14-16 days** leading up to **menstruation.**

Can be taken for **30 days consecutively** for one monthly **only** if doing a 30 day womb detox. If this is the case this should only be done once a year.

Benefits of Balance

When this tincture is taken consistently and with patience, there are a plethora of benefits.

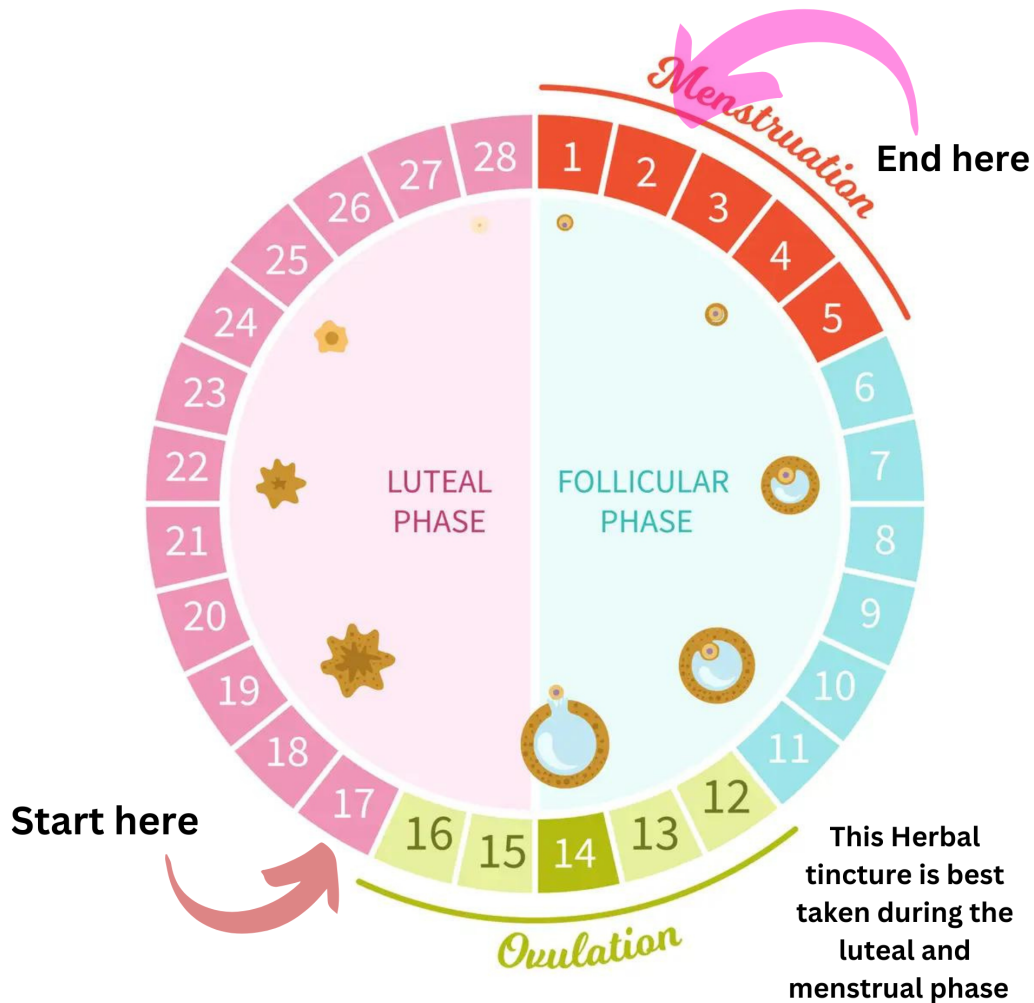
- Anti Inflammatory
- Womb Detoxifying
- Adaptogenic Support
- Promotes Hormone Balance



Our Website

Take consistently with CLEAN diet to see best results.

Keep in mind every woman's body is different these are just round about time frames.



Health Disclaimer

The information provided on this guide is for educational and informational purposes only and is not intended as medical advice. The content has not been evaluated by the Food and Drug Administration (FDA) and is not intended to diagnose, treat, cure, or prevent any disease. Always seek the advice of your physician or other qualified healthcare provider with any questions you may have regarding a medical condition. Never disregard professional medical advice or delay in seeking it because of something you have read on this guide. If you think you may have a medical emergency, call your doctor or emergency services immediately.